

The Royal Oak

High Street, Bangor-on-Dee, Wrexham, LL13 0BU

STARTERS

Smoked Haddock & Salmon Fishcakes	£6.95
<i>lemon mayo & mixed leaf salad</i>	
Garlic Ciabatta (v)	£5.30
<i>mature cheddar, Balsamic glaze</i>	
Honey Glazed Pigs-in-Blankets	£4.95
<i>black pudding cubes</i>	
Baked Camembert (v)	£8.95
<i>garlic & thyme, cranberry, toasted Ciabatta</i>	
Nachos (v)	£7.95
<i>melted Cheddar, Guacamole, sour cream, salsa & Jalapeños</i>	
Red Lentil & Welsh Mead Pate Vg	£5.95
<i>blended with sundried tomato, served with chutney and toast</i>	

RIVERSIDE PIZZA

Margherita (v)	£10.95
<i>cheese, tomato</i>	
Hawaiian	£11.95
<i>ham, cheese, pineapple, tomato sauce</i>	
The Vegan One Vg	£11.95
<i>aubergine, courgette, vegan cheese, red onion</i>	
Meat Feast	£12.95
<i>pepperoni, spicy beef, chicken, sausage, onions, BBQ sauce</i>	
Goats Cheese & Red Onion (v)	£11.95
<i>Caramelised red onion with goats cheese</i>	

SANDWICHES & TOASTIES 12-5PM

all served with salad garnish and coleslaw

Mature Cheddar & Pickle (v)	£5.50
<i>served on white or brown bread</i>	
Honey Roast Ham & English Mustard	£5.95
<i>served on white or brown bread</i>	
Cheese & Ham Toastie	£6.50
<i>served on white or brown bread</i>	
Tuna Melt	£5.95
<i>tuna mayo and cheddar cheese on ciabatta</i>	
Goats Cheese & Red Onion Toastie (v)	£6.95
<i>salad garnish</i>	
Hoisin "No Duck" Wrap Vg	£6.95
<i>made with rehydrated textured soya & wheat protein with cucumber and spring onion</i>	

SALADS & LIGHT BITES

Goats Cheese & Beetroot Salad (v)	£12.95
<i>toasted goats cheese, crushed walnuts, croutons, mustard dressing</i>	
Vegan "No Duck" Salad Vg	£12.95
<i>mixed leaf salad, shredded "duck", honey & mustard dressing</i>	
Chicken Salad	£12.95
<i>grilled cajun chicken breast, mixed leaf salad, sweet chilli mayo dressing</i>	
Lemon Chicken Tagliatelle	£13.95
<i>juice chicken breast smothered in lemon juice, served on a bed of creamy tagliatelle</i>	

OAK CLASSICS

Wrexham Lager Battered Haddock	£14.95 / £9.95
<i>chunky chips, mushy peas, tartare sauce</i>	
Chef's Pie of the Day	£13.95
<i>chunky chips, seasonal vegetables</i>	
Slow Cooked Lamb Shank	£17.95
<i>braised Kale & Bacon, spring onion, mashed potato, red wine jus</i>	
Honey Glazed Ham	£11.95 / £8.95
<i>fried egg, chunky chips</i>	
Steak Burger	£13.95
<i>sourdough bun, cheddar cheese, bacon, tomato relish, coleslaw, chunky chips</i>	
The RFC Burger	£13.95
<i>spiced breaded chicken, cheddar cheese, chunky chips, coleslaw, sweet chilli mayo</i>	
Spiced Halloumi & Pineapple Burger (v)	£12.95
<i>cajun spiced halloumi topped with juicy pineapple with zingy slaw</i>	

GRILL

Our steaks are served with roasted tomato, grilled mushrooms, chunky chips

10oz Rib Eye	£22.95
8oz Fillet	£26.95
Gammon Steak	£15.95 / £10.95
<i>fried egg, grilled pineapple</i>	
<i>Add a sauce for £3.25 each</i>	
<i>Peppercorn - Mushroom - Blue Cheese</i>	

SIDES

£3.50 each

Seasonal Vegetables	Mashed / New Potatoes
Sweet Potato Fries	Side Salad
French Fries	Chunky Chips
Beer Battered Onion Rings	

(v) suitable for vegetarians. (vg) suitable for vegans. Please note that dishes may contain traces of nuts. All of our food is freshly prepared in a kitchen where nuts, gluten and other allergens are present. Please let us know if you have a special dietary requirement and we will endeavour to cater to your needs.

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DESSERTS

Eton Mess GF <i>strawberries, meringue, Chantilly cream</i>	£5.95
Chocolate Fudge Cake GF DairyFree <i>vanilla Ice Cream</i>	£5.95
Cheesecake of the Day <i>Chantilly Cream</i>	£5.50
Lemon Tart GF <i>raspberry coulis, Chantilly Cream</i>	£5.50
3 Scoops of Ice Cream GF <i>choose from: Vanilla, Honeycomb, Chocolate, Strawberry</i>	£5.95
Belgian Waffle <i>toffee sauce, honeycomb ice cream</i>	£5.50
Apple Pie GF Vg <i>warm custard</i>	£5.50

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HOT DRINKS

English Tea	£2.95
Flavoured Teas <i>Peppermint, Camomile, Mixed Berry, Earl Grey</i>	£3.25
Americano	£3.25
Espresso	£2.95 / £3.25
Latte	£3.50
Cappuccino	£3.50
Mocha	£4.50
Hot Chocolate	£3.95
Liqueur Coffee <i>choose your liqueur, layered with double cream</i>	£6.95

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GLUTEN FREE

STARTERS

- Gluten Free Garlic Ciabatta (v)** £5.30
Mature Cheddar, Balsamic glaze
- Baked Camembert (v)** £8.95
Garlic & Thyme, cranberry, gluten free Ciabatta
- Red Lentil & Welsh Mead Pate Vg** £5.95
blended with sundried tomato, served with chutney and gluten free toasted Ciabatta

OAK CLASSICS

- Gluten Free Battered Haddock** £14.95 / £9.95
chunky chips, mushy peas, tartare sauce
- Slow Cooked Lamb Shank** £17.95
braised Kale & Bacon, spring onion, mashed potato, red wine jus
- Honey Glazed Ham** £11.95 / £8.95
fried egg, chunky chips
- Steak Burger** £13.95
gluten free ciabatta, cheddar cheese, bacon, tomato relish, coleslaw, chunky chips
- The RFC Burger** £13.95
gluten free ciabatta, spiced chicken breast, cheddar cheese, chunky chips, coleslaw, sweet chilli mayo
- Spiced Halloumi & Pineapple Burger (v)** £12.95
Cajun spiced halloumi topped with juicy pineapple with zingy slaw, gluten free ciabatta

GLUTEN FREE CIABATTAS 12-5PM

all served with salad garnish and coleslaw

- Mature Cheddar & Pickle (v)** £4.95
salad garnish
- Honey Roast Ham & English Mustard** £5.95
salad garnish
- Cheese & Ham Toastie** £6.50
Cheddar cheese, honey roast ham
- Tuna Melt** £6.95
Tuna Mayo, Cheddar cheese on gluten free Ciabatta
- Goats Cheese & Red Onion Toastie (v)** £6.95
salad garnish
- Hoisin "No Duck" Ciabatta Vg** £6.95
made with rehydrated textured soya & wheat protein with cucumber and spring onion

SALADS & LIGHT BITES

- Goats Cheese & Beetroot Salad (v)** £12.95
toasted goats cheese, crushed walnuts, croutons, mustard dressing
- Vegan "No Duck" Salad Vg** £12.95
mixed leaf salad, shredded "duck", honey & mustard dressing
- Chicken Salad** £12.95
grilled cajun chicken breast, mixed leaf salad, sweet chilli mayo dressing
- Lemon Chicken Tagliatelle** £13.95
juice chicken breast smothered in lemon juice, served on a bed of creamy tagliatelle

GRILL

Our steaks are served with roasted tomato, grilled mushrooms, chunky chips

- 10oz Rib Eye** £22.95
- 8oz Fillet** £26.95
- Gammon Steak** £15.95 / £10.95
fried egg

*Add a sauce for £3.25 each
Peppercorn - Mushroom - Blue Cheese*

SIDES

£3.50 each

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|----------------------------------|-----------------------|
| Seasonal Vegetables | Mashed / New Potatoes |
| Sweet Potato Fries | Side Salad |
| French Fries | Chunky Chips |
| Gluten Free Battered Onion Rings | |

DESSERTS

- Eton Mess** £5.95
strawberries, meringue, Chantilly cream
- Chocolate Fudge Cake** £5.95
vanilla Ice Cream
- Lemon Tart** £5.50
raspberry coulis, Chantilly Cream
- 3 Scoops of Ice Cream** £5.95
*choose from:
Vanilla, Honeycomb, Chocolate, Strawberry*
- Apple Pie Vg** £5.50
warm custard

COCKTAILS

Blue Lagoon <i>Blue Curacao, Smirnoff, Lemonade</i>	£6.95
The Oak Martini <i>Sipsmith Dry Gin, Martini Vermouth, Ice, Olive</i>	£7.95
Unicorn Cocktail <i>Vanilla-Marshmallow Liqueur, topped up with prosecco, marshmallows</i>	£8.95
Sex on the Beach <i>Vodka, Schnapps, Cranberry Juice</i>	£7.50
Sour Margarita <i>Tequila, Triple Sec, Sour Mix</i>	£7.95
Mojito <i>Rum, Mint Leaves, Soda, Sugar</i>	£7.95
Cointreau Fizz <i>A tasty classic, Cointreau orange, fresh lime juice, soda water</i>	£5.50
Malibu Beach <i>Malibu, orange juice, cranberry juice, fresh pineapple</i>	£6.50

HAVE YOU TRIED?

Shire Cherry Gin <i>Perfect with Fever-tree Mediterranean Tonic</i>	£5.95
Wreckers Welsh Rum <i>Pembrokeshire craft rum blended with a dark Caribbean rum. Served over ice</i>	£3.70 / £7.40

DRAUGHT BEERS & CIDERS

	<i>Half / Pint</i>
Wrexham Lager	£2.20 / £4.30
Birra Poretti	£2.45 / £4.65
Hop House 13	£2.45 / £4.65
Holsten	£2.15 / £4.10
Tetleys Smooth	£2.15 / £4.10
Guinness	£2.65 / £4.95
Guest Ales	£2.15 / £4.10
Bad Apple Cider	£2.25 / £4.25

BOTTLED BEERS & CIDERS

Kopparberg / Rekorderlig	<i>500ml</i>	£5.15
Kopparberg Alcohol Free	<i>500ml</i>	£4.50
Alcohol Free Lager	<i>330ml</i>	£3.20
Carlsberg Export / Corona	<i>330ml</i>	£4.30
Mahou	<i>330ml</i>	£4.50

SOFT DRINKS

	<i>Half / Pint</i>
Draught Pepsi/Diet/R Whites	£2.10 / £3.50
J20	<i>275ml</i> £3.05
Britvic 55	<i>275ml</i> £2.95
Red Bull / Energy Drink	<i>250ml</i> £3.50
Fentimans Range	<i>275ml</i> £3.20
Bottled Coca Cola	<i>330ml</i> £3.00
Fevertree Tonic	<i>200ml</i> £2.85
Schwepps Fruit Mixers	<i>125ml</i> £2.60
Strathmore Water	<i>330ml</i> £2.60

CHAMPAGNE & SPARKLING

TAITTINGER BRUT RESERVE NV <i>Toasty and biscuity on the nose with a good weight of fruit in the mouth</i>	£45.00 <i>200ml/750ml</i>
PONTE PROSECCO EXTRA DRY <i>Clean, dry and crisp with a creamy finish</i>	£8.00/ £24.00
SPARKLING ROSE <i>Hints of Raspberries and Strawberries in this delightful fizz</i>	£24.00

WHITE WINES

	<i>175ml/250ml/750ml</i>
Ponte Pinot Grigio <i>very light and neutral, revealing just a hint of green fruit</i>	£5.50/ £7 / £18
Aimery Sauvignon Blanc <i>A grassy dry white wine with good acidity and crisp finish</i>	£5.50/ £7 / £18
Caliterra Chardonnay <i>A straightforward, uncomplicated Chardonnay showing touches of melon and oak</i>	£20.00
Sauvignon Blanc, Marlborough <i>Fresh and zesty with ripe gooseberry fruit and a crisp finish</i>	£25.00

RED WINES

	<i>175ml/250ml/750ml</i>
Jack & Gina Zinfandel <i>Soft red wine with lots of juicy berry fruit flavours</i>	£5.50/ £7 / £18
Pocket Watch Shiraz <i>A mid-full bodied Shiraz with a good intensity of black cherry and blackberry</i>	£5.50/ £7 / £18
Vinas de Mendoza Malbec <i>A supple mid bodied Malbec that has plenty of crunchy dark fruit flavours</i>	£20.00
Fincas de Landaluce Crianza Rioja <i>Rounded on the palate with lots of layers of red fruit and some smoky characters; savoury and complex</i>	£25.00

ROSE WINES

	<i>175ml/250ml/750ml</i>
Jack & Gina Zinfandel Rose <i>Medium-sweet with delicious red fruit flavours and plenty of lively activity</i>	£5.50/ £7 / £18
Ponte Pinot Grigio Rosato <i>A fresh and youthful off-dry wine that has a lovely rose petal pink colour</i>	£5.50/ £7 / £18
Henri Gaillard Cotes de Provence Rose <i>A classic French rose: bone dry and light bodied with delicate red fruit.</i>	£25.00